



Nurses for Newborns Foundation

FY08 Grant Funded Programs Overview

Nurses for Newborns Foundation Strategies:

Nurses for Newborns Foundation exists to provide a safety net for families most at-risk, helping to prevent infant mortality and child abuse and neglect. This is accomplished through in-home nursing visits providing healthcare, education and positive parenting skills. Nurses for Newborns Foundation is a not-for-profit agency currently serving the St. Louis metropolitan area and over twenty Missouri counties. Our focus is on the prenatal period to age 24 months. Our services are provided by experienced perinatal nurses. Our nurses are on call 24 hours a day, seven days a week. In each of our programs, the frequency and intensity of our services is driven by the needs of each family. We focus on the family as a whole. Participation is cost-free and voluntary. In addition to a medical assessment, teaching on infant care, and age appropriate parenting education (including safe sleep and household safety) is conducted. Our nurses also provide case management services to each family and provide for any immediate needs of food, clothing and essential baby items. Case management services include coordinating a family's care when more than one agency is involved in the home and connecting families with community resources appropriate to their needs. Each nurse carries a cellular phone to assist patients without phones in making physician appointments and contacting community agencies. We refer each family to Parents As Teachers. In FY08, we made 15,046 visits to 3,269 newborns and their families.

Nurses for Newborns Foundation Grant Funded Programs:

- **Bridge to the Future (BTF):** This program serves indigent families with “medically fragile” infants. Some characteristics of “medically fragile” include: prematurity, low birthweight, Down’s syndrome, drug or alcohol exposure, cardio-respiratory abnormalities, seizure disorders, physical handicaps and more. It begins after the infant leaves the hospital. Most of these infants have spent time in a neonatal intensive care unit. This program began in 1993.
- **Bright Futures (BRT):** This program can begin during the prenatal period or at birth. It serves general population families whose primary risk factors are poverty and lack of access to other services. Bright Futures began in 1997 and is our largest program.
- **Safe Beginnings (SBG):** The Safe Beginnings program serves indigent pregnant or new mothers who are mentally limited or have a mental illness. This program began in 1991.
- **Teen Parent (TPT):** This program serves teens who will be under age 19 at the time they give birth. Services can begin during pregnancy or at birth. This program began in 1993.
- **Healthy Start:** This is a national program and NFN is the St. Louis provider. This program serves low-income pregnant and parenting mothers in targeted zip codes in North St. Louis City and County with the goal of reducing infant mortality. This program began in 2005.

Overview of Services Provided

FY08	Number of visits	Number of families	Number evaluated
BTF	3148	715	155
BRT	3722	1090	117
SBG	4392	748	60
TPT	2624	677	39
Healthy Start	1160	201	N/A
All	15046	3431*	371

*This is a duplicated total that does not match the total served on the previous page because some clients may switch programs and thus have visits under more than one program.

The following information is for families referred during FY08 that had met our evaluation criteria by September 1, 2008.

Known Risk Factors at Referral

FY08	Medicaid Eligible / Uninsured	Single Parent	Less than 12 yrs Education	Pregnancy Unintended	Drugs	Alcohol	Medical Mom	Medical Baby	Psycho/Social	History of Pregnancy Problems	Less <18 Months Spacing	Late Prenatal Care
BTF	89%	75%	28%	89%	25%	15%	27%	100%	21%	29%	17%	32%
BRT	93%	71%	30%	87%	14%	13%	21%	19%	27%	31%	23%	26%
SBG	93%	64%	40%	76%	23%	20%	30%	55%	32%	40%	23%	35%
TPT	95%	100%	N/A	95%	21%	23%	21%	21%	33%	N/A	N/A	28%
All	92%	75%	36%	87%	21%	16%	25%	59%	26%	29%	19%	30%

Program Objectives

FY08	Prevent Abuse & Neglect	Immunizations Up to Date	Prevent Injury from Household Safety Hazards	Prevent Repeat Pregnancies	Prevent Inappropriate Emergency Room Visits	Eliminate Preventable hospitalizations	Contacted Appropriate Community Resources	Medical Home on Last Visit
	% without	% with	% without	% without	% without	% without	% utilization	% with
BTF	99%	86%	96%	N/A	96%	99%	89%	99%
BRT	100%	93%	97%	N/A	96%	100%	81%	100%
SBG	98%	95%	100%	N/A	97%	100%	93%	97%
TPT	100%	82%	100%	100%	87%	100%	82%	100%
All	99%	89%	97%		95%	99%	86%	99%